

Books About Winnie Madikizela-Mandela

- 491 Days: Prisoner Number 1323/69 (2013)
 - Written by Winnie Madikizela-Mandela herself.
 - A powerful memoir based on her journal entries and letters written during her imprisonment under apartheid. It gives a deeply personal look into her resilience, pain, and endurance during her 491 days in detention.
- Winnie Mandela: A Life (2004) by Anné Marië du Preez Bezdrob
 - A comprehensive biography that explores Winnie's complex life; her role in the anti-apartheid movement, her struggles, controversies, and her lasting impact on South Africa's political landscape.
- Part of My Soul Went with Him (1984) by Winnie Madikizela-Mandela (with Anne Benjamin)
 - A collection of interviews, speeches, and personal reflections that document her thoughts on apartheid, motherhood, and resistance.
- Winnie Mandela: The Soul of South Africa (1991) by Fred Bridgland
 - A biographical account that traces her early life, activism, and the challenges she faced as both a political leader and the wife of Nelson Mandela.
- Winnie Madikizela-Mandela: Mother of the Nation (2018) edited by Es'kia Mphahlele & Sello Hatang
 - A collection of essays and reflections honoring Winnie's life and contributions, published after her death, capturing how she shaped South African identity and womanhood.
- Winnie and Nelson: Portrait of a Marriage (2023) by Jonny Steinberg
 - A recent and acclaimed dual biography that explores the political and emotional complexities of their relationship, highlighting how their marriage reflected the broader struggles of South Africa's liberation.

Movies and Documentaries About Winnie Madikizela-Mandela

- Winnie Mandela (2011)
 - A biographical drama film based on Anné Marië du Preez Bezdrob's book Winnie Mandela: A Life. It follows her journey from a young woman to a key figure in the anti-apartheid movement.

- Winnie (2017) — Documentary directed by Pascale Lamche
 - A critically acclaimed documentary that offers an intimate and unapologetic portrait of Winnie Mandela. It reclaims her narrative from media distortion, highlighting her political intelligence, strength, and resilience.
 - Winner of the Sundance Film Festival Best Director Award (World Documentary).
- Mandela: Long Walk to Freedom (2013)
 - While centered on Nelson, the film portrays Winnie's transformation from a supportive wife to a radical and independent activist during his imprisonment.
- Winnie: The Opera (2011)
 - A South African stage production later adapted for screen, dramatizing Winnie's life and the political turmoil surrounding her activism and public image.